

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2025

August 2025					10:30 AM - Ballon Exercise1 11:00 AM - YouTube Explore <u>1:00 PM - Jewlery Making.</u> 2:00 PM- Weekly Reflection <u>3:00 PM -Happy Hour</u> 5:30 PM - Name That Tune	11:00 AM- Name That Person:2 70s TV Trivia 1:00 PM - The Three Stooges <u>3:00 PM - 25 Cent Bingo</u> 5:00 PM - Name That Song TV Trivia
10:00 AM - Hillcrest Pick Up3 10:30 AM - Catholic Service 10:30 AM - Primitive Baptist <u>10:30 AM - Community Church</u> 11:00 AM-: Name That Tune: Bird Show 5:30 PM - Bird TV Trivia	<u>11:00 AM - Exercise W/ H24</u> <u>Therapy</u> 1:00 PM - Scrabble <u>2:00 PM -UNO!</u> 3:00 PM - Mexican Train 5:30 PM- Fitness TV Trivia	9:30 AM - Bridge5 <u>10:00 AM - Cedar Hill Library.</u> <u>1:00 PM -Common Threads</u> <u>Game</u> 2:00 PM - Cadio Drumming W/ Merrily 2:30 PM - Movie & Popcorn (Hope Gap) <u>3:00 PM - Farkle</u>	8:45 AM - Walmart Outing6 10:30 AM - Sit N Fit 11:00 AM - Talk & Share <u>1:00 PM - RootBeer Float</u> <u>Social</u> 2:00 PM - Bird Watching <u>3:00 PM - Prize Bingo</u> 5:30 PM - TV Trivia	<u>9:00 AM -Waffle House7</u> <u>Breakfast Outing</u> 11:00 AM - TV Trivia <u>1:00 PM- Watercolor Painting</u> 2:00 PM - Poker <u>3:00 PM - 25 Cent Bingo</u> 5:30 PM - TV Trivia	10:30 AM - Sit N Fit8 11:00 AM - YouTube Explore <u>1:00 PM - DIY Magnets</u> 2:00 PM - Weekly Reflection <u>3:00 PM - Happy Hour</u> 5:30 PM - Trivia	11:00 AM- Trivia9 1:00 PM - Till The Clouds Roll By <u>3:00 PM - 25 Cent Bingo</u> 5:00 PM - For the Record TV Trivia
10:00 AM - Hillcrest Pick Up10 10:30 AM - Catholic Service 10:30 AM - Primitive Baptist <u>10:30 AM - Community Church</u> 11:00 AM- Fitness & Trivia 5:30 PM - Name That Tune	10:30 AM -YouTube Explore11 <u>11:00 AM - Exercise W/ H2</u> <u>Therapy</u> <u>1:00 PM - Manicure Monday.</u> 2:00 PM - Shuffleboard 3:00 PM - Mexican Train	<u>10:00 AM - Cedar Hill Librat12</u> <u>11:00 AM - Pizza & Bowling</u> <u>Outing_</u> 2:00 PM - Trivia with Alyssa 2:30 PM - Movie & Popcorn (7 day in utopia) <u>3:00PM - Farkle</u>	8:45 AM - Walmart Outing13 10:30 AM - Sign Language Class <u>1:00 PM - What is in the Box</u> 2:00 PM - Conversation Cards <u>3:00 PM - Prize Bingo</u> 5:30 PM - TV Trivia	10:30 AM - Sit N Fit14 11:00 AM - Daily Devotional 11:00 AM - TV Trivia <u>1:00 PM - Escape Room Puzzle</u> <u>Game</u> 2:00 PM - Dominos <u>3:00 PM - 25 Cent Bingo</u> 5:30 PM - Music & Memories	10:30 AM - Ballon Exercise15 11:00 AM - YouTube Explore 11:00 AM- TV Trivia: <u>1:00 PM - Jewlery Making.</u> 2:00 PM - Weekly Reflection <u>3:00 PM - Happy Hour</u>	11:00 AM- TV Trivia16 1:00 PM - 1:00 PM - Go West <u>3:00 PM - 25 Cent Bingo</u> 5:00 PM - Fitness TV Trivia
10:00 AM - Hillcrest Pick Up17 10:30 AM - Catholic Service 10:30 AM - Primitive Baptist <u>10:30 AM - Community Church</u> 5:30 PM - Name That Tune Trivia	10:30 AM -YouTube Explore18 <u>11:00 AM - Exercise W/ H2</u> <u>Therapy</u> 1:00 PM - Manicure Monday <u>2:00 PM - Shuffleboard</u> 3:00 PM - Mexican Train 5:00 PM - Name That Person	9:30 - Bridge19 <u>10:00 AM - Cedar Hill Library.</u> <u>1:00- You Laugh, Your Out</u> <u>Game</u> 2:00 PM - Cadio Drumming W/ Merrily 2:30 PM - Movie & Popcorn (Daddy Day Care)	8:45 AM - Walmart Outing20 <u>10:00 AM - Senior Expo</u> 11:00 AM - TV Trivia <u>1:00 PM - Getting To Know</u> <u>Your Neighbor Social</u> 2:00 PM - Wheel Of Fortune <u>3:00 PM - Prize Bingo</u> 5:30 PM - TV Trivia	<u>10:00 AM - Health Hive21</u> <u>Health Talk</u> 10:30 AM - Sit N Fit <u>1: 00 PM - Murder Mystery</u> <u>Game</u> 2:00 PM -Scrabble <u>3:00 PM - 25 Cent Bingo</u> <u>4:30 PM - Family Night Dinner</u>	10:30 AM - Sit N Fit22 11:00 AM -YouTube Explore <u>1:00 PM - Terecita Pot</u> <u>Decorating</u> 2:00 PM - Weekly Reflection <u>3:00 PM - Happy Hour with</u> <u>TX Wind</u>	11:00 AM- Trivia23 1:00 PM - The Desperate Hours <u>3:00 PM - 25 Cent Bingo</u> 5:00 PM - TV Trivia: Bears, Beets & Battlestar Galactica
10:00 AM - Hillcrest Pick Up24 10:30 AM - Catholic Service 10:30 AM - Primitive Baptist <u>10:30 AM - Community Church</u> <u>4:30 PM - Violinist Dinner</u> <u>Performance</u>	10:30 AM -YouTube Explore25 11:00 AM - Name That Person <u>11:00 AM - Exercise W/ H2</u> <u>Therapy</u> <u>1:00 PM - Manicure Monday.</u> 3:00 PM - Mexican Train 5:30 PM - Name That Tune	<u>10:00 AM - Cedar Hill Librat26</u> Blood Drive 11:30 AM - Veteran Lunch <u>1:00 PM - Neon Golf Ball</u> <u>Painting</u> 2:30 PM - Movie & Popcorn (Wild Oats) 3:00 PM - Farkle	8:45 AM - Walmart Outing27 <u>10:30 AM - Sign Language</u> <u>Class</u> <u>1:00 PM - Townhall Meeting.</u> 2:00 PM - Movie & Popcorn (Hidden Figures) <u>3:00 PM - Prize Bingo</u>	10:30 AM - Sit N Fit28 <u>11:30 AM - Mija BBQ lunch</u> <u>Outing.</u> <u>1:30 PM -Balloon Art</u> 2:00 PM - Poker <u>3:00 PM - 25 Cent Bingo</u> 5:30 PM - Tv Trivia	10:30 AM - Ballon Exercise29 11:00 AM - YouTube Explore 11:00 AM- TV Trivia: 1:00 PM - Shuffleboard 2:00 PM - Weekly Reflection <u>3:00 PM - Happy Hour</u>	11:00 AM- TV Trivia30 1:00 PM - 1:00 PM - Go West <u>3:00 PM - 25 Cent Bingo</u> 5:00 PM - Fitness TV Trivia
10:00 AM - Hillcrest Pick Up31 10:30 AM - Catholic Service 10:30 AM - Primitive Baptist <u>10:30 AM - Community Church</u> 5:30 PM - Name That Tune Trivia						

Calendar is subject to change at any time. Any questions? Ask your community Director of Celebrations Alyssa Medina by Cell or email ((616)510-5474, amedina@moradaseniorliving.com)

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2025

August 2025						10:30 Chair Yoga 11:00 Daily Chronicle 11:15 Daily Devotions 1:30 First Friday Floats 2:00 BINGO 4:00 Friday Movie & Popcorn	1	10:30 Devotions w/ Pastor Dupor 1:00 Card Club 2:00 Puzzle Mania 3:00 Board Games Resident Led*	2				
9:30 Puzzle Mania 10:30 Coffee & Chat 1:00 Puzzle Mania 2:30 New Life Church 3:00 Board Games Resident Led*	3	10:30 Exercise w/ H2 11:15 Daily Chronicle 11:30 Positive Thinking 1:30 BINGO 3:00 Thinking Board 6:00 Coffee & Chat	4	10:00 Cedar Hill Library 10:30 Chair Exercise (TV) 1:30 Rock Painting 3:00 Wheel Of Fortune 4:00 Finish The Phrase 4:30 Willing Walkers 6:00 Evening Movie (Media Rm)	5	10:30 Beach Ball Volleyball 11:00 Daily Chronicle 11:15 Bible Study w/ Aaron 2:00 Tx Winds Performance 3:00 BINGO 6:00 Western Wednesday (Media Rm)	6	9:00 Waffle House Outing 11:00 Daily Chronicle 11:15 Daily Devotion 1:30 Glass decorating 3:00 Engaged Seniors Trivia 6:00 Evening Movie	7	10:30 Chair Yoga 11:00 Daily Chronicles 11:15 Daily Devotions 11:30 Positive Thinking 2:45 BINGO 4:00 Friday Popcorn & Movie	8	11:00 Joyce Myers (Youtube) 1:00 Card Club 2:00 BINGO w/ Joan 3:00 Table Stations Resident Led*	9
10:00 Virtual church (YouTube) 1:00 Board Games 2:00 Card Club Resident Led*	10	10:30 Exercise w/ H2 11:00 Daily Chronicle 11:30 Positive Thinking 1:30 BINGO 3:30 Thinking Board 4:00 Willing Walkers 6:00 Coffee & Chat	11	10:00 Cedar Hill Library 10:30 Chair Exercise (TV) 11:30 Bowling Ally & Pizza 3:30 Jewelry Making 4:30 Willing Walkers 6:00 Evening Movie (Media Rm)	12	10:30 Rythm & Jam w/ Merrily 11:15 Daily Devotion 1:30 Mexican Train 3:00 Sea Shell art & Decor 6:00 Western Wednesday (Media RM)	13	10:30 Chair Exercise 11:00 Daily Chronicle 11:30 Hymns 1:30 DYI Garden Stakes 3:00 Engaged Seniors Trivia 6:00 Evening Movie (Media RM)	14	10:30 Chair Yoga 11:00 Daily Chronicle 11:15 Daily Devotions 11:30 Positive Thinking 1:30 BINGO 4:00 Friday Popcorn & Movie	15	11:00 Joe Osteen (Youtube) 1:00 Card Club 3:00 Table Stations Resident Led*	16
10:30 Coffee & Chat 1:00 BINGO w/Mike 2:30 New Life Church 3:00 Board Games Resident Led*	17	10:30 Exercise w/H2 11:15 Daily Chronicle 11:30 Positive Thinking 1:30 BINGO w/ Lisa 3:00 Green Thumb 4:00 Thinking Board 6:00 Coffee & Chat	18	10:00 Cedar Hill Library 10:30 Chair Exercise (TV) 1:30 Freestyle Painting 3:00 Coloring Craze 4:00 Willing Walkers 6:00 Coffee & Chat	19	10:00 Senior Health Expo 10:30 Rythm and Move w/Merrily 11:00 Daily Chronicle 11:15 Daily Devotion 1:30 Banana Splits w/ Keli 2:00 BINGO w/Kelli	20	10:30 Chair Exercise 11:00 Daily Devotion 1:30 Mosaic Art 4:00 Court Yard chat and hydration 6:00 Evening Movie (Media Rm)	21	10:30 Chair Yoga 11:00 Daily Chronicle 11:30 Positive Thinking 1:30 BINGO 3:00 Happy Hour IL Building 4:00 Friday Popcorn & Movie	22	10:30 Devotions w/ Pastor Dupor 1:00 Card Club 2:00 Puzzle Mania 3:00 Board Games Resident Led*	23
9:30 Puzzle Mania 1:00 Board Games 2:00 Card Club Resident Led*	24	10:30 Exercise w/H2 11:15 Daily Chronicle 11:30 Positive Thinking 1:30 BINGO 3:00 Green Thumb 4:00 Conversation Cards 6:00 Coffee & Chat	25	10:00 Cedar Hill Library 10:30 Chair Exercise (TV) 11:30 Veterans Lunch (Private Dining) 1:30 Uno & More 3:00 Thinking Board 3:30 Conversation Cards 4:00 Willing Walkers	26	10:30 Beach Ball Volleyball 11:00 Daily Chronicle 11:15 Bible Study w/ Aaron 2:30 BINGO 6:00 Western Wednesday (Media RM)	27	10:30 Chair Exercise 11:00 Daily Chronicle 11:15 Daily Devotions 11:30 Mija BBQ Outing 2:00 Flower Arrangements 3:30 Conversation cards 6:00 Coffee & chat	28	10:30 Chair Yoga 11:00 Daily Chronicle 11:30 Positive Thinking 1:30 BINGO 3:30 Court Yard Chat & Hydration 4:00 Friday Popcorn & Movie	29	11:00 Joyce Myers (Youtube) 1:00 Card Club 2:00 BINGO w/ Joan 3:00 Table Stations Resident Led*	30
10:30 Coffee & Chat 1:00 BINGO w/Mike 2:30 New Life Church 3:00 Board Games Resident Led*	31	Morada Cedar Hill Assisted Living - Activities are subject to change. Please see Director of Celebrations Jessica											

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2025					1 10:30 Patio Social 11:00 Group Exercise 1:30 Relax and unwind 2:00 Finish that Phrase 2:30 Snack Social 3:30 Coloring Craze: Rodeo 4:00 Hand massages 6:00 Movie & Popcorn	2 10:30 Bird Watching 11:00 Moring Exercise 1:30 Snack Social 2:00 BINGO 4:00 Noodle Ball 6:00 Movie & Popcorn
3 9:30 Virtual Church 10:30 Morning Exercise 11:00 Hymes 2:30 New Life Church 4:00 Brain Teasers 6:00 Movie & Popcorn	4 10:30 Bird watching 11:00 50's trivia 1:30 Relax and unwind 2:00 Convo cards 2:30 Snack social 3:30 Manicure Monday 4:00 Hand Massages 6:00 Classic tv shows	5 10:30 Bird watching 11:00 Group exercise: Zumba 1:30 relax and unwind 2:00 Arts and Crafts: Rodeo 2:30 snack social 3:30 Move and Groove 4:00 Hand Massages 6:00 Classic tv shows	6 10:30 Patio social 11:00 Group Exercise: Noodle 1:30 relax and unwind 2:00 YouTube Trivia 2:30 snack social 3:30 August crafts 3:00 Hand Massages 6:00 Classic tv shows	7 10:30 Bird watching 11:00 Group Exercise: Upper Body 1:30 relax and unwind 2:00 Arts and Crafts 3:30 Corn Hole 4:00 Hand Massages 6:00 Classic Tv shows	8 10:30 Bird watching 11:00 Group Exercise: yoga 1:30 relax and unwind 2:00 Convo Cards 2:30 snack social 3:30 tabletop Games 4:00 Hand Massages 6:00 Movie & Popcorn	9 10:30 Morning Exercise 11:00 Convo Cards 1:30 snack social 2:00 BINGO 4:00 Noodle Ball 6:00 Movie & Popcorn
10 Virtual Church 10:30 Morning Exercise 11:00 Hymes 2:00 Dominoes 4:00 Brain Teasers 6:00 Movie & Popcorn	11 10:30 Bird watching 11:00 finish the phrase 1:30 Relax and unwind 2:00 Coloring Craze 2:30 snack social 3:30 Move and Groove 4:00 Hand Massages 6:00 Classic tv shows	12 10:30 Patio Social 11:00 Group Exercise lower 1:30 Relax and unwind 2:00 Finish That Phrase 2:30 snack social 3:30 Coloring Craze 4:00 Hand Massages 6:00 Classic Tv Shows	13 10:30 Bird Watching 11:00 Group Exercise: full body 1:30 relax and unwind 2:00 Horse sticker Craft 2:30 snack social 3:30 noodle ball 4:00 Hand Massages 6:00 Classic Tv shows	14 10:30 Patio Social 11:00 Group Exercise: Ballon V 1:30 relax unwind 2:30 snack social 2:00 Bowling 3:30 Coloring Craze 4:00 Hand Massages 6:00 Classic tv shows	15 10:30 Morning Exercise 11:00 Convo Cards 1:30 relax and unwind 2:00 snack social 2:30 Aqua Painting 3:30 Coloring Craze 4:00 Hand Massages 6:00 Classic tv shows	16 10:30 Morning Exercise 10:30 Hymes 11:00 Convo Cards 2:00 bowling 4:00 Noodle Ball 6:00 Movie & Popcorn
17 9:30 Virtual Church 10:30 Morning Exercise 11:00 Hymes 2:30 New Life Church 4:00 Brain Teasers 6:00 Movie & Popcorn	18 10:30 Bird Watching 11:00 group exercise upper body 1:30 Snack Social 2:00 Manicure Monday 3:30 Noodle Ball 4:00 Hand Massages 6:00 Classic tv shows	19 10:30 Morning Exercise 11:00 Convo Cards 1:30 snack social 2:00 Aqua Painting 3:30 Coloring Craze 4:00 Hand Massages 6:00 Classic tv shows	20 10:30 Bird watching 11:00 Group exercise: yoga 1:30 snack social 2:00 arts & Craft 3:30 Hand massages 4:00 Noodle Ball 6:00 Classic tv shows	21 10:30 Morning Exercise 11:00 throwback trivia 1:30 relax and unwind 2:00 Convo Cards 2:30 snack social 4:00 Corn Hole 6:00 Classic tv shows	22 10:30 bird watching 11:00 Morning Exercise 1:30 relax and unwind 2:00 Friday floats 4:00 Bowling 5:00 Family Support Group: with Laura 6:00 Movie & Popcorn	23 10:30 Bird Watching 11:00 Moring Exercise 1:30 Snack Social 2:00 BINGO 4:00 Noodle Ball 6:00 Movie & Popcorn
24 9:30 Virtual Church 10:30 Morning Exercise 11:00 Hymes 2:00 Dominoes 4:00 Brain Teasers 6:00 Movie & Popcorn	25 10:30 Bird watching 11:00 group exercise: lower body 1:30 relax and unwind 2:00 Coloring Craze 2:30 snack social 3:30 bowling 6:00 Classic tv shows	26 10:30 Patio Social 11:00 Convo Cards 1:30 Snack social 2:00 Bowling 3:30 Coloring Craze 4:00 Hand Massages 6:00 Classic tv shows	27 10:30 Patio social 11:00 Group Exercise: Noodle 1:30 relax and unwind 2:00 YouTube Trivia 2:30 snack social 3:30 rodeo arts and crafts 3:00 Hand Massages 6:00 Classic tv shows	28 10:30 Bird Watching 11:00 Group Exercise: Noodle 1:30Snack social 2:00 Passport Adventure: Mexico 3:30 Move and groove 4:00 Hand Massages 6:00 Classic tv shows	29 10:30 Morning Exercise 11:00 Convo Cards 1:30 snack social 2:00 RODEO Celebration! 3:30 Coloring Craze 4:00 Hand Massages 6:00 Classic tv shows	30 10:30 Morning Exercise 11:00 Convo Cards 1:30 snack social 2:00 aqua painting 4:00 Noodle Ball 6:00 Movie & Popcorn
31 Virtual Church 10:30 Morning Exercise 11:00 Hymes 2:00 Dominoes 4:00 Brain Teasers 6:00 Movie & Popcorn	 August 2025					